

Tri-County Community Action Program, Inc.  
Helping people, changing lives... in the North Country of New Hampshire

## Alzheimer's Health Care Services

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# Alzheimer's Health Care Services

610 Sullivan St., Berlin, NH 03570  
603-752-3336 / 1-800-700-7654

...provides services throughout Coös & Northern Grafton Counties

### Annual Caregiver Retreat

Alzheimer's Health Care Services and the ServiceLink Resource Center of Coos County, projects of North Country Elder programs, announce their Annual Caregiver Retreat. The retreat is designed for both caregivers of their loved ones at home and professional providers.

This year's retreat will be conducted in two Friday afternoon sessions. The first is Friday May 1, 2009 at the Senior Center in Berlin 610 Sullivan St. Berlin NH, with registration at 1:00 pm and welcome at 1:15 pm. The May 1st speaker will be Claudia Malo ADC, CDP. Claudia is a nationally certified activity director and a certified dementia practitioner who resides in Twin MT. She is currently the program Director at the Birches of Concord. She also partnered with the Tampa Bay chapter of the Alzheimer's association and has adopted Dr. Cameron Camp's Montessori concept for memory impaired individuals.

The following session will be Friday May 8th at 1:00 p.m. at the same location and will feature Norine Elliott, ARNP. Norine has worked in the field of psychiatric nursing for 32 years in a variety of roles: nurse psychotherapist, psychiatric nurse practitioner and educator. She is presently a professor of Nursing at White Mountains Community college.

Both of these programs are at no cost to attendees.

To pre-register for either one or both of these sessions please call ServiceLink at 752-6407.

**Our services have recently been expanded,  
allowing us to assist a larger number of clients and caregivers.**

#### SITES:

Berlin: Mon.-Fri. 8:30am to 3:30pm  
Angel Guardian Resource Center  
610 Sullivan St., Berlin, NH 03570

(603) 752-3336

Colebrook: Wed. 8:30am to 3:30pm  
Coos County Nursing Hospital  
136 County Farm Rd.  
West Stewartstown, NH 03597

Whitefield: Mon. 8:30 to 3:30pm  
Morrison Nursing Home  
6 Terrace St., Whitefield, NH  
1-800-700-7654

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Offering a licensed, Medicaid-approved medical Alzheimer's Adult Day Care Facility.

Mission: To maintain the dignity and assist individuals suffering with Alzheimer's Disease and related dementias, and to maximize the functional independence and personal dignity of individuals suffering with Alzheimer's disease and related dementias.

We welcome your donations to support our work. [Here's how you can contribute.](#)

Services provided:

- Specialized activities for the individual with Alzheimer's disease or a related dementia
- A hot noon meal is available for a donation of \$2 per person & provided by Senior Meals / Senior Center
- Home assessments/care management
- Nursing care plan tailored to meet each participants physical, mental, emotional and spiritual needs
- Help with nursing home referrals
- Lending library
- Referrals
- Educational trainings
- Caregiver/family support groups, 4th Tuesday of every month, 6:00 to 7:30 pm

The individual who attends the respite facility can receive services such as

- \*nail & foot care
- \*vital signs (BP, T, P, R)
- \*blood sugars
- \*a nursing care plan tailored to meet their physical, mental, emotional and spiritual needs.

To support the caregiver, we offer caregiver/family support groups, counseling and education about the disease and tips on coping with behaviors associated with this disease.

Caregivers will be comforted knowing their loved one is in a safe and friendly environment with a staff that specializes in Alzheimer's care. This includes Registered Nurses, Licensed Nurses Assistants and a Consulting Physician.

To learn more about Alzheimer's Health Care Services and/or the Adult Day Care,  
or to Volunteer call (603) 752-3336 or (toll-free) 800-700-7654,  
and ask to speak with Tiffany Kenison, Program Manager or send an email to  
[tkenison@tccap.org](mailto:tkenison@tccap.org)

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We welcome your donations and bequests to support our important work.  
Your donations are tax deductible and can be sent to:  
NCEP, Attn: Director  
610 Sullivan Street  
Berlin, NH 03570

For a form to accompany your donation, please [click here](#).

You must have Adobe Reader to view and print the form. If your computer doesn't have Adobe Reader, you can [download a copy for free here](#).



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Help us raise money and awareness of Alzheimer's Disease or a related dementia:

***AWARENESS BRACELETS***

Silicone "Gel" Bracelets  
\$2.00 each  
Purchase at AHCS  
610 Sullivan St., Berlin, NH  
For More Information: 1-800-700-7654



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