

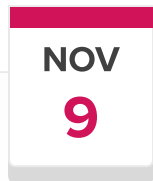


This post was contributed by a community member. The views expressed here are the author's own.

Lexington | Local Event

Coping Techniques for Dementia Caregivers

 Melany Kins, Neighbor



Event Details

 Tue, Nov 9, 2021 at 2:30 PM

Add to calendar 

 109 Skillings Rd, Winchester, MA, 01890

 More info: <https://www.bridgesbypoch.com/communities/lexington-ma/events>

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the challenging symptoms of memory loss with expert-recommended redirection and validation techniques. We'll also discuss some stress-relieving self-care tips for at-home caregivers.

This session will be presented by Alicia Seaver, EPOCH Senior Living's VP of Memory Care Operations and Certified Memory Impairment Specialist.

Event Location: The Jenks Center
109 Skillings Road | Winchester, MA


REGISTER HERE:

<https://www.bridgesbyepoch.com...>

Register online using the link above or contact Senior Advisor Renee at 339.970.8421 to reserve your spot.

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More Upcoming Events

Local Event



Fall Honors Choral/Orchestral Concert

 Tuesday, 7:00 pm  Lexington, MA


 Interested  Reply  Share



Local Event



MCAS make-up (Math) - Lexington High School

 Wednesday, 12:00 am  Lexington, MA

 Interested  Reply  Share



Featured Event



Lunch & Learn: First Time Home Buying 101

🕒 Wednesday, 12:00 pm 📍 Arlington, MA

★ Interested 💬 Reply ➦ Share



Featured Event



What Sustains Us, with True Story Theater

🕒 Wednesday, 2:00 pm 📍 Lexington, MA

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Featured Event



Virtual Home Buying Seminar: First-Time Buyers

🕒 Wednesday, 6:30 pm 📍 Winchester, MA

☆ Interested (3) 💬 Reply (3) ➦ Share



Local Event



Top 10 Divorce Mistakes & How to Avoid Them – Lexington, MA Hub ~ No-Cost Event

🕒 Wednesday, 6:30 pm 📍 Lexington, MA



☆ Interested 💬 Reply (1) ➦ Share

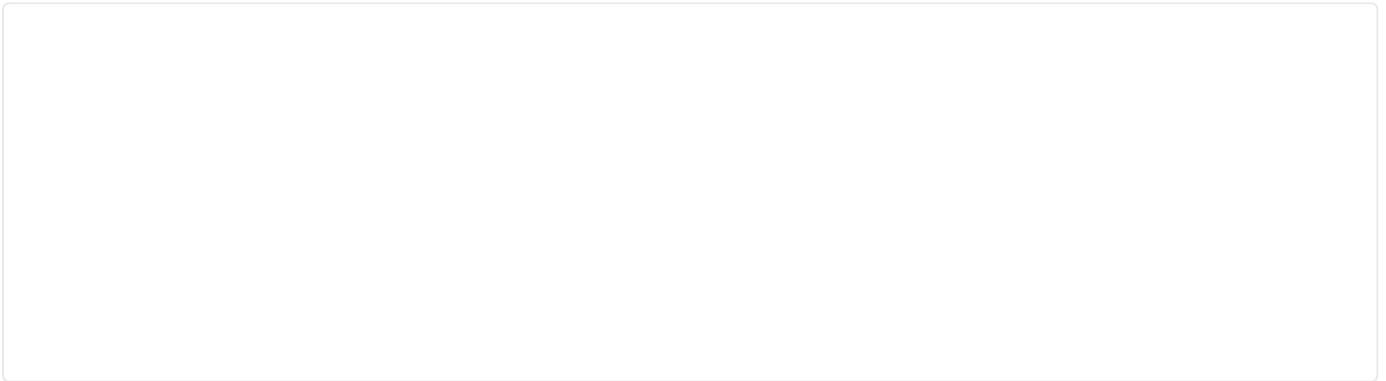


Local Event



Israel/Palestine Discussion Series sponsored by Jewish-Muslim Groups

🕒 Wednesday, 7:30 pm 📍 Lexington, MA



☆ Interested 💬 Reply ➦ Share



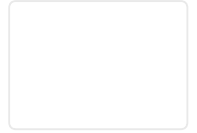
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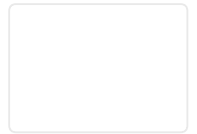
Nov 10, 2021

Lunch & Learn: First Time Home Buying 101



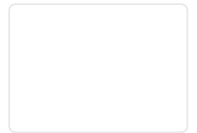
Nov 10, 2021

What Sustains Us, with True Story Theater



Nov 10, 2021

Virtual Home Buying Seminar: First-Time Buyers



Nov 11, 2021

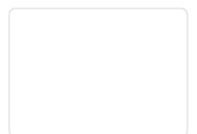
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Job Listing

Sam Walker's Open House Hiring Event!

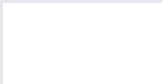


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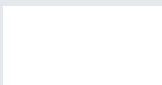
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