

• NATIONAL ASSOCIATION OF
ACTIVITY PROFESSIONALS
38TH ANNUAL CONFERENCE •

*Lighting the
Way*

CONFERENCE BROCHURE

APRIL 21-24, 2020

*Peppermill Resort
Reno, Nevada*

Register Online

Today at
naap.info

38th

NAAP Annual Conference

April 21-24, 2020

KEYNOTE SPEAKER



Silver Dawn Training Institute

Staying Curious

Presented by Tami Neumann & Cathy Braxton

In the current landscape that encompasses long term care, complacency and grandiosity are abundant. Practitioners are on the hunt for the “one great solution” that will make their jobs easier. Family Caregivers are seeking for an answer that will calm their fears. Innovation is on the rise, at a magnitude we could never have anticipated. And yet, we still feel powerless to the incoming rise of older adults that we need to serve. Now, more than ever, there seems to be “An App For That” for everything.

Computerized, digitized and mechanical devices are flooding the market, promising to be the one. The only. The solution. What is lost in all of this is connection through CURIOSITY. The unique, priceless gift that fills our souls, lightens our hearts and moves us ever forward in the quest for giving and receiving care. It is curiosity that drives you. It is curiosity that motivates you. It is curiosity that keeps you human. Dementia RAW creators, Tami Neumann and Cathy Braxton, invite you to a lively, entertaining and thought-provoking dialogue that will help you unpack your natural tendency for curiosity and develop ways in which “Staying Curious” will help you build stronger, tender hearted connections with all those you encounter.

Tami Neumann is the Chief Operations Officer for Silver Dawn Training Institute and has studied improv as a Second City student and Player in the Tony Stanzas. Tami has spent over 20 years in the aging industry in various capacities, is a published author and has completed all coursework for Nursing Home Administration.

Cathy Braxton is the Chief Education Officer of Silver Dawn Training Institute. She has worked in the aging industry for over 20 years managing memory care units, directing activity programs, case management, support group facilitation and in home care. Cathy has completed all of her coursework for her Masters degree in Health Psychology and Gerontology Studies and is a published author and blogger for The Chicago Tribune.

Register Online

Today at
naap.info

38th

NAAP Annual Conference

April 21-24, 2020

*Additional fees are
required for
pre & post
conference
sessions.*

Pre-Conference

Compassionate 
Touch[®]

Compassionate Touch

Instructor Bailie Hillman, OTR, CDP, CADDCT

Tuesday, April 21, 2020 9:00AM - 4:30PM

Pre-Conference Fee - \$250.00 before March 19, 2020/\$450.00 After March 19, 2020

Lunch Included

Compassionate Touch is an approach combining skilled touch and specialized communication shown to prevent behavioral expression in people with dementia and reduce job stress in care-partners. In palliative care, it provides skilled touch with compassionate presence to enhance quality of life for those in the later stages of life.

Upon completion of the six-hour training, participants are designated as authorized Compassionate Touch Coaches and empowered to train staff in their facility or organization and conduct family or community presentations. The facility or organization is authorized to use the Compassionate Touch program and materials. To help ensure sustainability, AGE-u-cate provides on-going support for Coaches throughout the license period.

Inspiring and creative, Bailie Tinney-Hillman is truly making a difference in the lives of persons with dementia. Through her personal passion and hands-on work in healthcare settings, Bailie is a tireless advocate for those living with dementia and is living out her personal mission to help families and professionals better understand how to create an environment that builds on individuals' strengths and abilities, thereby allowing them to live life to its fullest.

On a day-to-day basis, Bailie is putting into place new, powerful and cutting-edge therapeutic approaches and programs that are changing the lives of persons living with dementia, their families, and members of their caregiving teams. Bailie received her Master's degree in Occupational Therapy from Texas Woman's University. She is a Certified Dementia Practitioner and Certified Alzheimer's Disease and Dementia Care Trainer through NCCDP.

Register Online

Today at
naap.info

38th

NAAP Annual Conference

Pre-Conference

April 21-24, 2020



Alzheimer's Disease & Dementia Care Seminar

Instructor: Lynn Biot-Gordon, MSW, LCSW, CDP

Tuesday, April 21, 2020 8:00AM - 5:30PM

Pre-Conference Fee - \$195.00 Before March 19, 2020/\$300.00 After March 19, 2020

Alzheimer's Disease and Dementia Care Train the Trainer

Pre-Conference Fee - \$1950.00 Before March 19, 2020/\$2500.00 After March 19, 2020

Tuesday, April 21, 2020 8:00AM - 8:00PM

Lunch Included

ADDC Alzheimer's Disease and Dementia Care seminar is the 8-hour required seminar for those seeking to apply for CDP Certified Dementia Practitioner certification and who qualifies for the CDP certification or just come for the education. Seven CEU's available for Nurses through the CEU Network for additional fee of \$28.00 payable after the seminar to CEU network. The seminar is also CEU approved for social workers, activity professionals and administrators. A student handout notebook and CDP application is provided. You will have 30 days after the seminar, to submit your CDP application to NCCDP. NCCDP offers NAAP members a huge discount rate for the CDP application of \$35.00 vs the non association rate of \$125.00. All health care professionals, front line staff, clergy, surveyors and ancillary staff should attend. To view the qualifications see www.nccdp.org

CADDCT Certified Alzheimer's Disease and Dementia Care Trainer Seminar

The CADDCT seminar is a 12-hour seminar. The seminar includes all training materials to enable you to present the ADDC Alzheimer's disease and Dementia Care curriculum where you work or privately and charge for your services. Includes; ADDC Power Point curriculum on USB, NCCDP new released video- Intimacy and Aging: Issues and Answers in Long Term Care and Home Care on USB, textbooks (communication, diagnosis, Montessori activities and environment) student handout notebook, information on marketing, applying for CEU's, sample brochure, sample sign in sheet, sample class certificate and certification as CDP Certified Dementia Practitioner and NCCDP CADDCT Certified Alzheimer's Disease and Dementia Care Trainer. Who should attend: In-service directors, corporate trainers, activity directors, department heads, educators from learning institutions, clergy, surveyors, etc.

Go to NAAP website to download the CADDCT registration. CADDCT registration lists dates, price and information. This course offered by NAAP at a huge discount.

April 21-24, 2020

Conference Schedule

Tuesday, April 21, 2020

Pre-Conferences

9:00AM - 4:30PM Compassionate Touch

8:00AM - 8:00PM NCCDP Alzheimer's disease & Dementia Care Seminar/Training

Evening Breakout Sessions 5:00PM - 6:30PM

(included with conference registration)

Why Play Matters

Creating Frameworks

Building a Bigger World Through Lifelong Learning

Evening Breakout Sessions 7:00PM - 8:30PM

(included with conference registration)

Mindfulness, Meditation, and Leading through Trauma

Acquiring Leadership Power

Quality Individualized 1:1 Activity Programming

Wednesday, April 22, 2020

8:00AM - 9:00AM NAAP Membership Meeting

9:30AM - 11:30AM Opening Welcome & Keynote

11:30AM - 12:30PM Vendor Spotlight

12:30PM - 1:30PM Lunch in Exhibit Hall

12:00PM - 7:00PM Exhibit Hall Open

Afternoon Breakout Sessions 1:30PM - 3:00PM

Share Session - Independent & Assisted Living

Share Session - Memory Care

Share Session - Skilled Nursing Facility

Share Session - Consultants & Educators

Afternoon Breakout Sessions 3:30PM - 5:00PM

Reaching the Stars

Immersion Learning for the Nursing Home Volunteer

NCCAP: Innovations for the Future of the Profession

Staying Young & Active with CBD

Thursday April 23, 2020

Morning Breakout Sessions 8:30AM - 10:00AM

Leading an Exercise Class made Easy

On the Horizon: Co-occurring Populations

Intergenerational Experiences

Research Based Strategies for Creating Engaging Experiences

Thursday April 23, 2020 Cont.

Morning Breakout Sessions 10:30AM - 12:00PM

The ME Project

Preventing Distress through the Promotion of Well-Being

The State of Resident Engagement

We Can Go Where?

Afternoon Breakout Sessions 1:30PM - 3:00PM

And the Beat Goes On

The Dementia Friendly Communities Movement

Practical Tips for Designing Online or Blended Learning Part 1

Lighting the Way with Crafts

Afternoon Breakout Sessions 3:30PM - 5:00PM

Bullies in Older Adult Care Setting: A Rising Concern

Breaking Through Dementia and Behavioral Understanding

Practical Tips for Designing Online or Blended Learning Part 2

Ethics and Medical Marijuana

6:00PM to 10:00PM Awards Banquet

Friday April 24, 2020

Morning Breakout Sessions 8:00AM - 9:30AM

Stable and Able Programming for Fall Prevention in the Elderly

From Assessment to Engagement

PDPM and Programming for Short-Term Residents

Therapeutic Music to Decrease Chronic Pain in Palliative Care

10:00AM - 12:00PM Panel Discussion - State of the Profession

Closing Session

Register Online

Today at
naap.info

38th

NAAP Annual Conference

April 21-24, 2020

*Discounts Only Apply to Early
Bird Registration Rate On or
Before March 19, 2020*

\$35.00 Off for Nevada

NAAP Members

\$50.00 off for Current

MEPAP Students

*Must Call the Office for More
Information 913-748-7288*

Early Bird Conference Registration

Before March 19, 2020

NAAP Member - \$350.00

Non-NAAP Member - \$450.00

Late Conference Registration

After March 19, 2020

NAAP Member - \$450.00

Non-NAAP Member - \$550.00

One Day Registrations Available

Must Call the Office 913-748-7288

REGISTER NOW

CLICK HERE



Education Tracks Available

Network

Education/Consultant

ALZ/Dementia

Leadership/Management

Programming

Share/Panel/Discussions

Regulatory/Compliance

Minimum CE's 18

Max CE's 26



ALL EDUCATION IS PRE-APPROVED

Register Online
Today at
naap.info

38th

NAAP Annual Conference

April 21-24, 2020



Peppermill Resort Reno

2707 SOUTH VIRGINIA STREET, NV 89502 / 866-821-9996

Conference Rooms

Single Rate \$160.00 (includes Resort Fee)
Double Rate \$160.00 (includes Resort Fee)

In order to get the NAAP room discount all
reservations must be made by
March 19, 2020 5:00PM PST

Rooms are limited – reserve today!



Highlights

- Complimentary Airport Shuttle 4:00AM to 11:45PM daily.
- In-room Refrigerators
- Free Parking and Valet Available
- 7 in-house Restaurant Options
- Spa and Salon
- Fitness Center
- Shopping

CLICK HERE

**RESERVE YOUR
HOTEL ROOM**

Group Name: NAAP Annual Conference
Group Code: ANAAP20

Session & Speaker Descriptions

Creating Frameworks

Instructor: Cara Ellis BS, RD, CPIT, ACC, CDP

Quality of life, person centered, culture change. These are terms we throw around in our industry without truly creating a connection to the person we are trying to engage. Come learn a new way of thinking on how we design suitable programs and activities that appeal to and engage elders. Even though a person may not live independently due to cognitive and or physical changes, this should not overshadow how you design and develop your programs for your residents. Come explore how to create a framework that reflects the interest of residents while promoting a sense of community.

About the Speaker:

Cara Ellis, BS, CDP, RD, CPIT, ACC is currently the Director of Memory Support services at Erickson Living and provides programmatic oversight to the Memory Care neighborhoods as well as supports the community Memory Care Managers, Programming Managers and Intermissions Coordinators. In addition, she monitors the Memory Fitness and Memory Health community program goals throughout the year.

Cara has provided memory care services in the areas of adult day health, acute care, long term care, and assisted living care for over 25 years. She received her Bachelor's degree in Dietetics from Framingham State where she was involved in the Framingham heart study.

Cara received her certification as a Certified Dementia Practitioner and for many years has provided education up and down the East coast at many conferences for the Alzheimer's Association.

In addition, Cara is also Activity Consultant Certified and a Certified Crisis Prevention Intervention trainer.

Acquiring Leadership Power

Instructor: Debbie Hommel ACC/MC/EDU, CTRS

Managing and leading is not a matter of telling people what to do. A true leader is able to motivate people to complete tasks effectively and with good results. This session will explore individual power sources which contribute to leadership development. Leadership power will be explored through non traditional examples such as popular television, culture and social media.

The participant will leave with an action plan to strengthen and develop their personal leadership power and mentor others.

NCCAP: Innovations for the Future of the Activity Profession

This session will feature NCCAP's vision and strategy to ensure the highest quality person-centered care for the Activity Profession. As the formal certifying body of our profession, this session will explore the differences around qualification, certificates, certification and licensure. This session will highlight opportunities for NCCAP Instructors as well as new developments in both Professional and Engagement certifications. This session is advantageous for NCCAP Certified Professionals as well as all those with a desire to grow in the dynamic field of activities, life enrichment and person-centered care.

About the Speaker:

Debbie Hommel has been an activity leader for many years. She has found success in working positively with others to move our profession forward. This session will explore leadership power a little differently. Using examples like Jon Snow, Jonathan Cheban, Megan Markle and other key figures in the world - to determine who is in charge and how to get the job done.



April 21-24, 2020

Session & Speaker Descriptions

Breaking Through Dementia and Understanding Behavioral Expression

Instructor: Heather Easterling CTRS, CVT, CLYT

Using basic Validation techniques, activity professionals can communicate and engage with older adults living with cognitive decline more effectively and work in a more person-centered way. This presentation will combine lecture and hands on exercises to help participants hone simple Validation techniques while learning that all behavior is communication. Heather will demonstrate how Naomi Feil's Validation method can help activity professionals foster better relationships and help improve the overall quality of life of their residents.

About the Speaker:

Heather Easterling hails from the mile high city of Denver, Colorado. She is a Certified Therapeutic Recreation Specialist with a Bachelor of Science in Recreation, Parks, and Tourism from Radford University in Virginia. Heather's nearly 20 year career passion has been to develop, adapt and utilize complimentary therapies for individuals across the life span including: Pilates, Chair Yoga, Laughter Yoga, deep breathing practices, along with creative modalities such as TimeSlips and Memories in the Making. An internship in Therapeutic Recreation brought Heather to her current home in Denver, Colorado 15 years ago where she worked in an innovative day program serving young adults living with acquired neurological diseases. Since 2009, Heather has been working with Sunrise Senior Living where she was first introduced and is now a certified Teacher of Naomi Feil's Validation method. Heather finds Validation techniques essential to her work in skilled nursing, assisted living and memory care. Heather is currently the Regional Director of Memory Care and Programming for Sunrise Senior Living's west division and continues to train, present, coach, and share the knowledge she has gained over the years to champion the quality of life for all seniors.

Building a Bigger World Through Lifelong Learning

Instructor: Melanie VanVickle AD

The world can seem small for those moving into senior living. Loss of home and community can lead to isolation and depression.

- A robust lifelong learning program including fine art, science, history and culture creates a bigger world that will help seniors live with curiosity and wonder and even build closer friendships. The goal of this session is to help those working with seniors to better understand the value of creating a rich environment of learning within their communities and provide ideas to intentionally achieve this objective.

About the Speaker:

Melanie received her activity director instruction and certification in Austin, TX in 1993 and has been joyfully working with seniors ever since. She is the owner of The Purple Primer, a subscription-based lifelong learning company. The Purple Primer has been serving activity professionals all over the country and in just about every type of senior care setting since 2015. Melanie's passion is to make lifelong learning accessible for all levels of care.

PDPM and Programming for Short-Term Residents

Instructor: Lori Presser BSHA, ACC, CDP, CMP, CEAL

This presentation is an overview of PDPM and provide programming ideas for short term residents.

About the Speaker:

Lori Presser has been in long term care for over 24 years in various roles across the senior realm--- Activities, Operations, Marketing/Sales, Activity Consulting and Business Development. Lori is the President of The Northeast Ohio Association of Activity Professionals, Vice President of The National Certification Council for Activity Professionals, Vice President of The Ohio Person Centered Care Coalition and a Volunteer Guardian in Summit County. Lori has a Bachelors of Science and Healthcare Administration and holds multiple certifications that enhance seniors' lives. Lori is an advocate for seniors and activity professionals across the continuum of care. She currently works for OnShift, a human capital management company specializing in the senior living software for automated scheduling, employee engagement, and financial freedom for hourly employees. Lori spends her free time with her family and enjoys gardening and reading.

April 21-24, 2020

Session & Speaker Descriptions

Ethics and Medical Marijuana

Instructor: Dr. Jim Collins BA, MA, PhD

Ethics and Medical Marijuana is a 1.5 hour course that examines the current trends involving medical marijuana in the United States. The course provides a comprehensive list of conditions, diseases, and symptoms that may be relieved with medical marijuana as well as potential negative outcomes due to the use of medical marijuana. This course also dives into a number of ethical dilemmas, issues and problems surrounding the use of medical marijuana.

Staying Young and Active with CBD

Three letters - CBD have never received as much attention as they do today. CBD is short for cannabidiol. This is the medicinal molecule from the hemp plant that is generating a great deal of research and interest around the country. Over 3,000 medical and academic articles have been written about CBD's potential benefits for a number of physical, mental and neurodegenerative disorders. Symptoms associated with arthritis, diabetes, cardiovascular disease, pain, depression, anxiety, Alzheimer's, Parkinson's, and Huntington's disease may be alleviated with what some experts call the "Miracle Molecule". Scientists report that CBD has anti-inflammatory, anti-oxidant, anxiolytic, analgesic and neuroprotective properties and older adults can especially benefit from regular consumption of CBD.



- Join gerontologist, Dr. Jim Collins, as he explains what CBD is, what it does, how it works and how it can help you and the seniors you care for.
- **About the Speaker:**
- Hi! I'm Dr. Jim Collins and this is My Story.
- I used to drive my mother to work at the nursing home where she was an Aide. Because she never wanted to drive. So, before and after high school, I would spend time at the facility.
- I found it to be a very comforting, stimulating and sometimes frightening place to be. I fell in love with long-term care.
- During college there was no doubt that I would be a Gerontologist. Most of my friends mocked this choice. They asked if my job would include making the multi-vitamin for seniors – Geritol. Still, I steamed forward with my passion.
- After almost 3 decades in senior care, I am now an educator, speaker and author in the field. Person-centered care is so important to me that I wrote a full-length book on it entitled: The Person-Centered Way: Revolutionizing Quality of Life in Long-Term Care.
- Alzheimer's disease and other neurological disorders causing dementia are among my areas of special interest. Perhaps most of all, I love motivating healthcare professionals and caregivers to do and be their best. So, I spend a great deal of time on the road, driving to skilled nursing facilities, assisted living communities, hospitals, home health agencies and hospice organizations.
- My latest focus is off the beaten train, so to speak: I have, for the past couple years, taken great interest in three social issues that demand attention, education and intervention: human trafficking, opioid and heroin addiction and active shooters in healthcare. I have researched and provided much needed education in these areas. And, I will continue to do so as long as I have breath in my lungs.
- I most recently have established a CBD products company, Sapphire-Essentials, Ltd. and focus on providing it to older adults.

April 21-24, 2020

Session & Speaker Descriptions

From Assessment to Engagement**Instructor: Sandra Burrows AC-BC, CDP, CADDCT, DCC Instructor, MSS**

Using the assessment process to discover the "remaining abilities" is really the only value of a comprehensive person-centered assessment. The assessment must take component parts of the person's life story, cognitive, physical, spiritual, family roles and life habits/vocations and put them back together in a directed plan of care for the PERSON. Providing a directed plan of care is something we all are used to doing. It is mandated, required by all states and the federal regulations. Companies and facilities have policies and directives for assessments leading to care, programming, and individual interaction. The assessment tools for general geriatric residents and specifically the dementia resident is numerous. Scales show everything from Mild, Moderate to Severe and scales that run from 1-7 and 7-1. Some focus on cognition without linguistic. Some on only communication skills, memory/ recall, social skills or physical agility. There is an assessment formula that can encompass the whole person and then have all the pieces for whole plan of care and the programs needed to enrich, enhance and improve the quality of life for those in our care. Recipes for programming will be provided for each of the combinations of levels of need and instructions how to implement the use of them by staff, family, activity professional.

About the Speaker:

Sandra is a lifelong caregiver. Her father was diagnosed with multifractal dementia. The only care place available for persons with dementia and aggression who was 6'3" and 220 lbs was the California State Mental Hospital. She set out on journey to understand dementia and how-to be PERSONAL in applying the life story with cognitive care for the PERSON with dementia disease or brain injury. She has continued that education in courses, college, seminars and conferences. She is an educator and advocate for "humane care for humans".

Sandra Burrows Cont.

She owns and operates a consulting company, Concerns of the Heart, LLC and has consulted, written education, policies, procedures for more 20 companies effecting 1600 facilities. She has offered NCCDP training to companies, conferences, Senior Agency's having more than 1000 certified after her training. She now continues her learning in caring for her mother who has mental illness and age-related dementia.

Immersion Learning for the Nursing Home Volunteer**Instructor: Camden Frost MAHS, SMQT**

Nursing facilities often lack volunteer support and well-integrated community resources. Fostering a strong volunteer culture, including trained volunteers who focus on individual resident needs, can increase quality of life and meaningful activities for residents.

This session provides an overview for a new mobile, sensory training for nursing facility volunteers in Texas through the support of Civil Monetary funds from the Centers for Medicare and Medicaid Services (CMS).

About the Speaker:

Texas is one of the fastest growing states for both retirement and long-term care with over 1200 nursing facilities and hundreds of other care facility types in operation.

One in five Texas adults will be age 64 or older by 2050. Communities everywhere need to rethink approaches for overall health, connectedness, health literacy and resource awareness.

Our free, mobile training approach is designed for volunteers serving Texas nursing facilities. Potential volunteers receive information on complex medical conditions, dementia care, and basic safety for residents. Ten mobile learning stations offer a sensory learning experience in the facility prior to volunteering.



April 21-24, 2020

Session & Speaker Descriptions

Intergenerational Experiences

Instructor: Blair Reynolds AAP-BC, CDP, MSTD

Thanks to advances in science and medicine, people are living longer lives than ever. But while the ability to enjoy fulfillment after retirement is wonderful, it also poses a challenge: How do we keep our youngest and oldest generations connected? The answer is known as intergenerational programming, which is a fancy way of saying that we help bring seniors and kids together to form fun and meaningful relationships. Both groups have so much to teach and learn from each other that the result of these programs is always magical. In this session you will learn about some of the benefits and how-to's of intergenerational experiences, including how to run a camp for kids, and where to find young people to integrate into your home.

About the Speaker:

Blair Reynolds is the Activities Coordinator for Estes Park Health Living Center, in Estes Park, Colorado, and an Adjunct Professor at the Institute of Business and Medical Careers (IBMC College). Blair once owned an Event Planning business called Blair's Family Fare and homeschooled her three children, which she says was the best preparation for working as an Activities Professional. Blair is active in her state association and formerly served on the Board as the Education Chair. She is an Advanced Activity Professional-Board Certified (AAP-BC), a Certified Dementia Practitioner (CDP), and has a Masters Degree in Training and Development from Idaho State University. Blair loves sharing her knowledge and experience through educational sessions on the state and national level, and she enjoys learning new ways to improve lives.

Leading an Exercise Class Made Easy

Instructor: Jessica Sappington BA Therapeutic Recreation, Certified Chair Chi Instructor, CARES Certified

This program empowers the activity professional to lead four different types of exercise classes without memorizing routines, and providing a new workout every day for their residents.

Jessica Sappington Cont.

Techniques are taught to help residents of all ability levels be able to exercise and see improvement in their strength, flexibility, balance, reaction time, and even emotional and social health. Even activity professionals with no prior exercise experience can take the principles learned in this class and lead an exercise class confidently tomorrow!

About the Speaker:

Jessica was born and raised in Springville, Utah. The oldest of nine children she has always been a caretaker, and thrives on making other's lives better. She graduated from Brigham Young University with a Bachelor's degree in Therapeutic Recreation in 2001. As a stay-at-home mom she had a desire to teach her children to live a healthy life and studied fitness and nutrition for years. When she took a job as the Activity Director in an assisted living community in 2013 she used that knowledge to build a very successful exercise program in her community. She loves seeing the lives of her residents improve as a result of her exercise classes, and is excited to share her simple method of leading an exercise class with others so that seniors everywhere can reap the benefits of exercise. In her spare time Jessica likes to spend time with her husband and their four children, especially if they can get out in the mountains hiking or camping. She also has a passion for playing the piano and singing.

Lighting the Way with Craft Ideas**Instructor: Nancy Williams CTRS, ACC, AC-BC, CDP, CADDCT**

Are you all thumbs when it comes to crafts? Are you running out of new ideas for your crafts? Then this session is for you. During this session participants will be given numerous tried and true craft ideas and instructions. All crafts will be on display for attendees to view and as time allows they will be able to make 2-3 crafts as a take-away. Participants will also receive resource ideas for their supplies.

April 21-24, 2020

Session & Speaker Descriptions

Nancy Williams Cont.

About the Speaker:

Nancy has been working in the field of geriatric activity programming for over 38 years. She has a BS degree in Recreation from Mars Hill College in North Carolina. She started her career as an Assistant Therapeutic Recreation Director in CT. She then became a Director of Therapeutic Recreation in a facility in NC. She has taught the Activity Director's Courses in NC and IL as well as being a guest speaker for the MEPAP course in TN. She is a Certified Therapeutic Recreation Specialist, Activity Consultant-Board Certified, Activity Consultant Certified, a Certified Dementia Practitioner and Certified Alzheimers Disease and Dementia Care Trainer. She has been a member of the National Association of Activity Professionals for over 37 years and served on their Board of Trustees in various positions. In 2010 she received the NAAP Trustee's Award of Excellence. She has written feature columns for Creative Forecasting and is a past writer of their Active Seniors column. Nancy has also written articles for Activity Directors Office. She has been a speaker at several local, state and national conferences. She is currently the Keepsake Gardens Memory Care Director at Reunion Court of The Woodlands where she manages a staff of 20 which includes resident activity program staff and resident care associates. Reunion Court of The Woodlands was named as Best Memory Care in The Woodlands by Woodlands Living Magazine in August 2019.

Mindfulness, Meditation, and Leading through Trauma

Instructor: Rev. Dylan Doyle-Burke M.Div, BCC

As Activity Professionals trauma touches us all. Whether that is through direct patient/client interaction or indirect moments when we provide support for our colleagues personal trauma is an often hidden outcome of the work that we do. It is important that we continue to hone our self-care tools to learn how to better recognize the trauma in our midst and engage with it in healthy and sustainable ways.

Rev. Dylan Doyle-Burke Cont.

Mindfulness and meditation are increasingly popular options for Activity Professionals to address trauma and deepen our ability to avoid burnout. In this presentation featuring award winning leadership coach Dylan Doyle-Burke, participants will learn specific skills for how to use mindfulness to strengthen their leadership capacity through moments of trauma. Participants will leave the presentation equipped to use the tools of meditation, deep listening, and more to help their personal and professional lives be more holistic, integrated, and engaged.

About the Speaker:

Dylan Doyle-Burke is the COO and Co-Founder of The Faith Space, LLC, a rapidly growing leadership development, coaching, and consulting organization serving professional development, business and technology organizations in the Denver metro area and beyond. He is an experienced keynote speaker known for his engaging presence, holistic coaching expertise, and ability to utilize social sciences, economics, and personal narrative to captivate and empower his audience. Dylan draws from his previous career as an ordained minister to be a leader in the movement to bring mindfulness into new arenas. He has consulted with groups ranging from the United Nations to Google to local start-ups to help organizations utilize the spiritual practice of mindfulness to increase their productivity, employee satisfaction, and economic growth. His session today will focus on mindfulness, meditation, and leading through trauma.



April 21-24, 2020

Session & Speaker Descriptions

Bullies in Older Adult Care Setting: A Rising Concern**Instructors: Theresa Thorland MS, MA, CTRS, ACC/EDU****Alisa Tagg BA, ACC/EDU, CDP, CADDCT, CDCS**

Bullying in older adult care settings across the nation has become a concern for all care givers. It is more common than we may expect and even the most critical eye may miss this behavior. We must always ask ourselves: Is this behavior related to the Dementia disease process? Is it just this person's personality? Am I being too sensitive? How can care givers and leadership teams educate and empower themselves to recognize bullying? How can care givers and leadership teams intervene while protecting the rights of all older adults and maintain dignity and safety? Come to this session to learn how to address bullying in a confident and effective manner.

About the Speaker:

Alisa Tagg is a Certified Activity Consultant/Instructor/Educator by the National Certification Council of Activity Professionals (NCCAP), a Certified Alzheimer's Disease and Dementia Trainer through the National Council of Certified Dementia Practitioners (NCCDP) and Certified Dementia Communication Specialist through the Silver Dawn Training Institute. Alisa currently serves as the Chief Executive Officer for Southern Nevada Activity Professional Association (SNAPA) and President for the National Association of Activity Professionals (NAAP). Alisa works as an independent consultant in Southern Nevada with several facilities.

**Alisa Tagg Cont.**

She also enjoys teaching the Education Program for Activity Professionals in achieving certification through NCCAP.

Alisa received her Bachelor of Arts degree in Psychology from UNLV and a Provider's Certificate specializing in Aging. Alisa enjoys traveling and speaking on local, state and national levels.

On the Horizon - Co-occurring Populations**Instructors: Theresa Thorland MS, MA, CTRS,****ACC/EDU****Nancy Richards ADC, EDU/MC. CDP**

This speaking team returns to present a follow up session on this critical issue challenging the long-term care arena. Building on the base knowledge of Mental Health and Substance Abuse discussed in Part I this session, will dig deeper into: the structure and purpose of the Diagnostical Statistical Manual (DSM), strategies for understanding complex client cases, identify Critical Element Pathways for regulatory compliance, provides tips to strengthen positive communication between residents, peers and staff and locate resources for non-pharmacological person centered approaches

About the Speaker:

Theresa Thorland started her career in 1983 as the Activity Director/Volunteer Coordinator in a 60-bed facility in Kearney, Nebraska and has worked in the Therapeutic Recreation/Activity field ever since. As owner of Activity Director Certification Services and a NCCAP pre-approved Instructor, Theresa has been teaching MEPAP 2nd Edition, various NCCAP approved continuing education, and providing consulting services since 2000. Theresa recently served on the NCCAP Transition Committee and is currently on the NCCAP Education Committee. She is also the Community Life Enrichment/Wellness Consultant for Tealwood Senior Living. Her credentials include 2 Masters' degrees, CTRS, and Certified Activity Consultant. Theresa has been featured in The Journal on Active Aging for her winning program while working at Good Samaritan – Albert Lea as well as presenting on the topic of wellness and sensory integration into activity programs.

April 21-24, 2020

Session & Speaker Descriptions

Co-Occurring Populations Cont.

She has also been published in the Activity Director's Quarterly for Alzheimer's & Other Dementia Patients and the Tennessee Health Care Association's quarterly publication, Perspective.

Why Play Matters

Nancy Richards ADC, EDU/MC, CDP

Movement, problem solving, social skills, communication and more, all concepts of play, inspired this workshop. Dr. Stuart Brown stated "...the ability to play is critical not only to being happy, but also to sustaining social relationships..." Topics we explore include: the reason we play, the benefits, flow, how play impacts relationships and innovation. Activity Services are dependent on you developing the "just right balance" of challenge and opportunity in each activity, or people will lose their sense of pleasure and fun. Explore a deeper look into the power of play, backed by science and increase engagement in your community.

About the Speaker:

Having lived a dual life, working as an Activity Professional by day and by night providing home care for family members, she has learned how to navigate the complex landscape of health care and strives to inform families how to make sense of it all. No cookie cutter answers here. Each situation demands and receives individual honor and support. Nancy has been described as "The Activity Director With Heart." Her supervisors, coworkers, staff, and the elders she's served agree that she is kind-hearted, smart and savvy, enthusiastic, hopeful, energetic, generous, and funny. She is a passionate, creative person who is deeply committed to helping elders live happier, healthier lives reaching beyond the reactive medical model approach she embraces the WHOLE person model of care." She has enjoyed working with elders in all levels of long-term living, including physical rehabilitation, skilled nursing, assisted living, and behavioral health—her subspecialty since 2001.

Practical Tips for Designing Online or Blended Learning Part 1 & 2

**Instructors: Julie Reginek MS, ACC, EDU, CADDCT
Timothy Anderson ACC**

As an educator or consultant, you may need to design

- and deliver training & courses outside the traditional
- method of a face-to-face setting to meet the needs of the
- growing number of students and organizations seeking
- online options a corporate or independent consultant, you
- support and mentor activity professionals individually or
- across the organization, often located in different states, or
- different areas of the same state. Whether is it is training
- new activity directors or providing the latest regulatory
- updates, a blended format or online delivery can be a
- favorable way to reach many people. So where do you
- begin and what tools will you use? Part 1 of this session will
- look at the basic design and delivery for online or blended
- training and the various tools to support the delivery. Part 2
- will take a hands-on approach in which participants will
- design a basic training module.

About the Speakers:

Julie Reginek is the instructor of the online Activity Director Associate's program and national MEPAP certification courses at Ridgewater College in Minnesota. She holds a Bachelor of Science degree in Recreation, a Master of Science degree in Instructional Design and eLearning from St. Cloud State University and has over 35 years of experience as an activity director, consultant and educator. In addition to being a Certified Dementia Practitioner, she is also a Certified Alzheimer's' Diseases and Dementia Care Trainer. Julie is also the Online Curriculum Specialist, D2L Campus Trainer, and Quality Matters Coordinator for Ridgewater College.

Timothy Anderson, ACC has been providing education programs to Activity Professionals since 2013 and loves sharing the creative potential for online learning activities with current and future education providers. He is the owner/consultant for the TMWC Activity Professional Academy located in Rhode Island where he offers MEPAP Training programs face-to-face in both an online and in-person method. His educational background includes a bachelor's in music from the University of Rhode Island, a Certificate in Professional Life Coaching through the Institute of Professional Excellence in Coaching, and is a graduate/fellow of the Association of College and University Educators (ACUE). He teaches Music Composition at the Community College of Rhode Island and is the Activity Coordinator for Cranston Adult Day Services.

April 21-24, 2020

Session & Speaker Descriptions

Preventing Distress Through the Promotion of Well-Being**Instructor: Dr. Jennifer Carson PhD**

Most distress among persons living with dementia represents an expression of unmet need. Instead of treating ill-being through reactive pharmacological and/or non-pharmacological interventions, our primary goal should always be supporting well-being, including opportunities for engagement in meaningful leisure experiences. In this session, we will learn how to use the 'Celebrating and Living Life through Leisure' framework, developed by the Murray Alzheimer Research and Education Program (Dupuis, Whyte, Carson, et al. 2012), to assess and proactively support the well-being of individuals living with dementia. When necessary, this framework can also be used to decode and respond to expressions of stress and distress, thus reducing excess disability and/or the need for reactive interventions.

The Dementia-Friendly Communities Movement

Dementia Friendly America is a national network of communities, organizations and individuals seeking to ensure that communities across the U.S. are equipped to support people living with dementia and their care partners. Dementia friendly communities foster the ability of people living with dementia to remain in community and engage and thrive in daily life. This session provides a local example of this empowering movement. Dementia Friendly Nevada is a collaborative, multi-sector approach to community-driven change that aims to cultivate and strengthen communities in becoming more respectful, educated, supportive and inclusive of people living with dementia and their care partners. Guided by participatory action research, Dementia Friendly Nevada consists of six community action groups, each with a unique journey and goals. This session shares highlights and research from this impactful statewide initiative, highlighting opportunities for meaningful engagement in recreation and leisure activities as a core component of an inclusive community.

About the Speaker:

Dr. Jennifer Carson is director of the Dementia Engagement, Education and Research Program in the School of Community Health Sciences at the University of Nevada, Reno.

Dr. Jennifer Carson Cont.

To this role, Jennifer brings a commitment to service, collaboration and innovation built upon more than 30 years of practical experience in the fields of long-term care and aging services. Jennifer is also a co-creator and cast member of Disrupt Dementia, part of Dr. Bill Thomas' international Changing Aging Tour; lead facilitator of the Dementia-Friendly Nevada initiative, sponsored by the State of Nevada Aging and Disability Services Division; and author and facilitator of Bravo Zulu: Achieving Excellence in Relationship-Centered Care, a program of the Nevada Department of Veterans Services.

Quality Individualized 1:1 Activity Programming**Instructors: Bonnie Jacobs CTRS****Laurie Kjar CTRS**

This session will provide attendees with tools to develop, create, and implement a personalized 1:1 program based on the assessed interests and preferences of residents adapted to their current level of functioning. They will learn there are different types of 1:1 programs they can provide and how to determine resident 1:1 program needs for all levels of function. We will also include some ideas for self-directed activities. We will provide a variety of resources for developing a creative activity cart, theme kits, and unique programs. Participants will gain an understanding of how to effectively assess and utilize the resident's activity preferences and needs to create a quality individualized program that will ensure maximum participation, satisfaction, and response. Quality Assurance Tools will be provided to assess the quality outcomes of your 1:1 programs.

About the Speakers:

Bonnie received her BS in Therapeutic Recreation Therapy from the University of Florida in 1984. Bonnie works as the Vice-President of Recreation and Social Services Programs for Rockport Healthcare Services based in California and provides consulting services for skilled nursing facilities throughout the State. Her consultation experiences extend to the states of Nevada, New Mexico, Arizona and Texas.

April 21-24, 2020

Session & Speaker Descriptions

Bonnie Jacobs Cont.

Bonnie has been responsible for developing standards of practice, quality assurance, culture change publications, programs and initiatives. Bonnie had presented sessions for the American Therapeutic Recreation Association, Pioneer Network and the Association of Activity Professionals. Bonnie also co-authored the "MDS 3.0 Psychosocial Care Plan Almanac" and Newly Revised "Dementia Dictionary".

Laurie Kjar

Laurie Kjar-Reiss has a Bachelor in Recreation, Parks, and Leisure Services from Mankato State, Minnesota and is a Certified Therapeutic Recreation Specialist. She has worked in the activity profession in California for over 30 years. Her professional work experience includes: Activity Director, Activity Consultant, Instructor, Program Director, Educator, Speaker, and Author. She has provided educational workshops and sessions for a variety of health care associations at the local, regional, state, national, and international levels. She has been a presenter several times at the NAAP Annual Conference. She is known for her practical, informative, and enthusiastic presentations. She is an instructor for the California State required Activity Director Training Course. She is a co-author of the "A Care Plan Guide for Person Centered Dementia Care". She was awarded the 2018 Southern California Activity Consultant of Year.

Reaching the Stars

Instructor: Bailie Hillman OTR, CDP, CADDCT

Reaching the Stars will help you understand how to implement person centered programming to reach individuals who are at end of life, Veterans, and short term rehab patients. This session gives innovative therapeutic activities that will change the way you provide activities to this population of residents.

About the Speaker:

Inspiring and creative, Bailie Tinney-Hillman is truly making a difference in the lives of persons with dementia. Through her personal passion and hands-on work in healthcare settings, Bailie is a tireless advocate for those living with dementia and is living out her personal mission to help families and professionals better understand how to create an environment

Bailie Hillman Cont.

that builds on individuals' strengths and abilities, thereby allowing them to live life to its fullest.

On a day-to-day basis, Bailie is putting into place new, powerful and cutting-edge therapeutic approaches and programs that are changing the lives of persons living with dementia, their families, and members of their caregiving teams. Bailie received her Master's degree in Occupational Therapy from Texas Woman's University. She is a Certified Dementia Practitioner and Certified Alzheimer's Disease and Dementia Care Trainer through NCCDP.

Stable and Able Programming for Fall Prevention in the Elderly

Instructor: Susan Bell BA, AAP-BC, CDP

What is a top concern for the health and well-being in our communities? The prevention of falls. This session will cover how to design a program to enhance what your physical therapy department is already doing and help give your older adults the skills and practice they need to prevent falls, which is a leading cause of death and disability among older adults. We will cover everything from posture, to correct ways to use gait belts, walkers, rollators and to appropriate strengthening and balance exercise to give your older adults the best possible life skill they can have: their mobility. Come prepared to participate!

About the Speaker:

Susan is a graduate of Radford University in Virginia, with her Bachelor of Science in Commercial Fitness. She started her career as a physical educator and worked with kids for several years. She changed careers mid-life and worked for the American Heart Association for a decade, and has been an Activity Professional for the last five years. Relating what she observed working with children and adults, and understanding how important movement is for total body health at any age, she started designing her own classes for her seniors at her assisted living community. She has presented a number of presentations for state AAPHERD PE organizations, while working for the American Heart Association, and now she is back to her first love, helping people.

April 21-24, 2020

Session & Speaker Descriptions

Research Based Strategies for Creating Engaging Experiences**Instructor: Sharon Johnson BS**

Taught and utilized worldwide, the I'm Still Here® Approach is an innovative, non-pharmacologic, resident-driven method of working with persons living with cognitive impairments that provides a high level of meaningful engagement and significantly reduces the common symptoms associated with dementia. This methodology has been researched for over 25 years and has been field tested extensively at memory care centers across the country. The I'm Still Here® principles have consistently demonstrated that they can be used to increase levels of engagement, participation, satisfaction, success and quality of life for persons living with memory challenges.

The methodology draws on an array of disciplines including neuroscience, Montessori learning principles and Procedural Memory Systems to create opportunities for true resident-directed programming and high levels of engagement. It has been shown to decrease the common symptoms associated with dementia – such as agitation and anxiety – and decrease the need for pharmacologic interventions to manage these reactive behaviors.

This workshop will present the fundamental principles of this methodology, as well as case studies that illustrate the successful application of these principles using real-life examples drawn from their use at Abe's Garden in Nashville, Tennessee, an I'm Still Here Center of Excellence.

About the Speaker:

Sharon Johnson is member of a team of professionals who consult worldwide on the efficacy of the I'm Still Here® Approach to dementia care. This research-based model places emphasis on using non-pharmacologic treatment modalities as a basis for providing programming that successfully treats many of the most common symptoms of dementia. She has been involved in the development of this treatment program since 2001, and has provided presentations on this subject matter to many audiences including multiple keynotes and numerous conference workshops.

Sharon Johnson Cont.

Sharon is also the Director and sits on the faculty of the Hearthstone Institute, an organization that teaches the non-pharmacologic principles of Hearthstone's I'm Still Here philosophy to organizations and individuals. She is accompanied by Mallore Grimes and Brenda Nagey, ADC- MC, CDP from Abe's Garden an I'm Still Here Centers of Excellence, in Nashville Tennessee to discuss how they put these theories to practice.

The ME Project**Instructor: Natalie Davis ACC/EDU, CDP, CADDCT**

How does the change in focus from keeping residents busy or distracted to engaging residents in meaningful, challenging and purposeful pursuits impact engagement interactions and activity program design? This session will discuss the role of the interdisciplinary team in promoting individualized engagement, techniques to apply our knowledge of a person's lifelong habits and preferences for positive psychosocial outcomes, and strategies to overcome barriers to implementation. Case studies will be presented from a "Meaningful Engagement to Enhance Quality of Life" grant that was conducted 2018-2019.

About the Speaker:

Natalie is the owner of ActivTimes Consulting and Education. She has spent over 40 years designing individualized engagement approaches for elders, combining her background in both psychology and therapeutic recreation. Since 1974 when she began her career in life enrichment, she has challenged the status quo, encouraging others to set high standards and create innovative solutions. She speaks routinely on "Selling the Value of Activities" and "Talking the Right Language for Support." Over the years she has served in leadership roles within the profession, both locally, state and national, including serving on the board of NCCAP and the education committee. She has published several articles and the "Management Simplified" column for Creative Forecasting and continues to teach the MEPAP in a face to face setting.

April 21-24, 2020

Session & Speaker Descriptions

The State of the Resident Engagement**Instructor: Charles de Vilmorin**

New strategies for optimizing resident engagement present exciting opportunities for senior care providers to engage each of their residents in a meaningful way each day beyond the standard 3 B's: Bingo, Bible & Birthday. A national Linked Senior survey of more than 300 activity directors uncovered that more than half of survey participants indicated that documentation is the most challenging part of their work and frequently prevents them from spending time getting to know residents and engaging them in a meaningful way. Coming from various care settings and levels of expertise, the aggregate data offers a unique understanding on where the challenges and opportunities stand. This presentation will explore how many providers, caregivers, residents and family members are partnering to enhance resident engagement no matter a person's current interests or ability. Whether you are a front-line caregiver, a manager or someone overseeing resident engagement at a corporate level, this session will provide you with exclusive insights and access to actionable data.

About the Speaker:

Charles de Vilmorin is the CEO and Co-founder of Linked Senior, Inc, the leading resident engagement platform for senior care based in Washington, DC.

He serves on the board of:

- The Validation Training Institute: The Validation Method is proven method of communication developed by Naomi Feil that helps improve the connection between caregivers and older adults experiencing dementia.
- AMDA: The Society for Post Acute and Long Term Care Medicine.

He holds a Master's Degree in Communication, Culture and Technology from Georgetown University, and a Master's Degree in International Management from Dauphine University, Paris.

Therapeutic Music to Decrease Chronic Pain in Palliative Care**Instructor: Julie Goode RN, BSN, CCRN**

The session will review the results of a six week quality improvement program trial to introduce therapeutic music as a means of decreasing chronic pain in the palliative care resident population of a long term care and rehabilitation center in Baltimore, MD. The session will briefly review the historical use of music as a non-pharmacological means of reducing pain in chronically ill nursing home residents. It will discuss the differences between therapeutic music and music therapy and provide results of current evidence based literature to explain the physical and emotional effects of passive and active music listening. The session will review the effects of music on breathing, blood pressure, muscle coordination and body temperature. The session will end with a demonstration of various activities that can be utilized to encourage active resident participate and how activities staff can facilitate healing through music.

About the Speaker:

Captain Julie Goode is an active duty critical care nurse who has spent the last two and a half years pursuing a Doctor of Nursing Practice Degree with specialization as an Adult/Gerontological Acute Care Nurse Practitioner and Clinical Nurse Specialist at the University of Maryland in Baltimore, MD. Her previous assignments include duty as a staff nurse in the post anesthesia care unit of Eisenhower Army Medical Center from 2010-2011. She attended the Army Critical Care course in 2011 with follow on duty at Walter Reed National Military Medical Center from 2011-2013. In 2014 she deployed in support of Operation Enduring Freedom and Operation Inherent Resolve to Kuwait and Iraq. During deployment she was selected for a broadening assignment and served as a Brigade Nurse for the 62nd Medical Brigade at Joint Base Lewis McChord from 2014-2017. She is currently finishing her degree and is here to present the results of her doctoral project on the utilization of therapeutic music to decrease chronic pain in palliative care patients.

April 21-24, 2020

Session & Speaker Descriptions

Julie Goode Cont.

Brigade Nurse to the 62nd Medical Brigade at Joint Base Lewis McChord, WA where she served as a Brigade Nurse from 2014-2017; A deployment to Malaysia in 2015, in support of Operation Kurdis Strike, where she served as the primary critical care nurse for a joint training mission between the U.S. and Malaysian Army. A deployment to Kuwait from 2013 - 2014 with service in Al'Asad, Iraq where she served as part of a forward surgical team providing medical support to U.S. Marine and Iraq Military Forces. From 2011-2013 she served as a critical care nurse leader at Walter Reed National Military Center in Bethesda, MD. She started her military career at

My doctoral project focuses on the use of therapeutic music as a non-pharmacological means of reducing chronic pain in the palliative care patient population. I designed and implemented a six week quality improvement trial to provide therapeutic music sessions twice a week to palliative care patients suffering from chronic pain.

We Can Go Where?**Instructor: Tammy Point BS, ACC**

This program discusses outings for all types of facilities. What kind of outings you can do, how you can do them safely and what kind of planning is needed to make the outing successful. It will also explain how to do the planning. This includes ensuring you have the proper staffing, equipment, documentation and supplies. It will also explain how you can take all Residents out of the facility not just the high functioning Residents.

About the Speaker:

Tammy grew up in a small town in Nebraska. She spent most of her younger years helping older relatives, by cleaning, running errands and visiting. She started working in a Nursing Home before OBRA '87 had taken affect as a STNA. After graduating HS she joined the U.S. Navy. After being honorably discharged she went back to working in Nursing Homes as an Activity Professional. She graduated from Bowling Green State University with a BS in Gerontology.

Tammy Point Cont.

She received her National Certification in 2000 and in 2004 began teaching the MEPAP courses at Rhodes State College. She has worked in Long Term Care for 23 years. She currently works in an Assisted Living, Independent Living facility as the Activity Director.

And The Beat Goes On**Instructor: Kayla Passione**

For centuries, drums have been used to foster a sense of community, and togetherness. But did you know that drumming can also have significant health benefits? In recent years new drumming exercise programs have become very popular across the country, combining different forms of exercise and drumming. In my hands on program demonstration you will learn how to facilitate an adapted version to use with the elderly population. We will go over what materials are required, suggested music to use with this age group, and how to lead the program while still having fun! This session requires no prior music experience, and does not focus on creating perfect sounds. Instead it focuses on enjoying the music, while moving your body, and having fun while doing it! If you attended my program at the last conference; come back for even more music, more hands on experiences, and more choreography to add to your drumming groups!

About the Speaker:

Kayla Passione has been a Recreation Director for Genesis Healthcare for almost four years. She recently took on the role of Senior Director, which has her overseeing all of the Vermont Genesis facilities. She is working towards her ACC, and hopes to continue to have opportunities to present at conferences around the world. With her background in Music Therapy and Music Education, she brings her passion for music to work every day. Her creative thinking allows her to use music in more than just the normal settings. She turns Thursday afternoons into a rock session with drum sticks and loud upbeat music.

Register Online

Today at
naap.info

38th

NAAP Annual Conference

April 21-24, 2020

NAAP 38th Annual Awards Banquet

IT'S TIME TO CELEBRATE

23 APRIL 2020 • 6:00 PM
LIGHTING THE WAY

2020 AWARDS

Activity Professional of the Year Award

Rising Star Award

Quality of Excellence Award

Volunteer of the Year Award

NAAP Business Affiliate Award

Board of Directors Award of Excellence

[Nominate a Exemplary Professional at naap.info](http://naap.info)

Awards Night Glow Party

Dress your Best in White

Immediately Following Awards



Join Us Next Year

• NATIONAL ASSOCIATION OF
ACTIVITY PROFESSIONALS
39TH ANNUAL CONFERENCE.

*10,000
Possibilities*

APRIL 20-23, 2021

Minneapolis, Minnesota