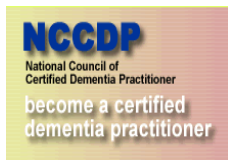




ABOUT SANDRA

Sandra Stimson has experience as a corporate consultant, Corporate Trainer and National Speaker. Her experience is in long term care, as Activity Director, Director of Alzheimer's Units and Assistant Administrator of a 550 bed long term care county home. She is Co-founder of Pet Express Pet Therapy Club, is a Life Replay Specialist. Sandra implements dementia units nationwide. Sandra has written several books, Volunteer Management Essentials for Long Term Care and Pet Express Pet Therapy Program. Sandra has been a facilitator for Alzheimer's support groups and is the Awards Chair for the NJ Association of Activity Professionals. Sandra is the Executive Director of **National Council of Certified Dementia Practitioners**
<http://www.nccdp.org>.

[Alternative Solutions in Long Term Care](#) offers resources for health care professionals in many areas of dementia care, care plans, Snoezelen products, dementia activity calendars, adult day care calendars, sensory calendars, reminisce videos for dementia, activity books, and dates to remember, party supplies, resources and links.



Each Norman Rockwell print is paired with a national standards of Resident Rights and is illustrated by a picture depicting the "Resident Right."



Pathways to the Past

by Sandra Stimson ADC, CALA, CDP
Executive Director, [Alternative Solutions in Long Term Care](#)



ALZHEIMER'S PATIENT'S PRAYER

by Carolyn Haynali



Pray for me
I was once like you.
Be kind and loving to me
that's how I would have treated you.
Remember I was once someone's parent or spouse
I had a life and a dream for the future.
Speak to me, I can hear you even if I don't understand
what you are saying.
Speak to me of things in my past of which I can still relate.
Be considerate of me,
my days are such a struggle.
Think of my feelings because I still have them and can feel still feel pain.
Treat me with respect
because I would have treated you that way.
Think of how I was before I got Alzheimer's;
I was full of life,
I had a life,
laughed and loved you.
Think of how I am now,
My disease distorts my thinking, my feelings, and my ability to respond, but I still love
you even if I can't tell you.
Think about my future
because I used too.
Remember I was full of hope for the future
just like you are now.
Think how it would be to have things locked in your mind and
can't let them out.
I need you to understand and not blame me, but Alzheimer's.
I still need the compassion and the touching
and most of all
I still need you to love me.
Keep me in your prayers
because I am between
life and death.
The love you give will be a blessing from God
and both of us will live forever.
How you live
and what you do today
will always be remembered
in the heart of
the Alzheimer's Patient.

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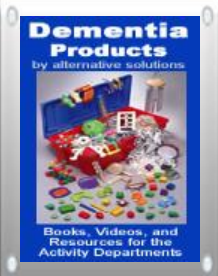
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