**SANDRA STIMSON Executive Director** Alternative Solutions in LTC **National Council of Certified** 

ABOUT SANDRA

**Dementia Practitioners** 

#### Sandra Stimson has experience as a corporate consultant, Corporate Trainer and National Speaker. Her experience is in long term care, as Activity Director, Director of Alzheimer's Units and Assistant Administrator of a 550 bed long term care county home. She is Co-founder of Pet Express Pet Therapy Club. is a Life Replay Specialist. Sandra implements dementia units nationwide Sandra has written several books. Volunteer Management Essentials for Long Term Care and Pet Express Pet Therapy Program. Sandra has been a facilitator for Alzheimer's support groups and is the Awards Chair for the NJ Association of Activity Professionals. Sandra is the Executive Director of National

Alternative Solutions in Long Term Care offers resources for health care professionals in many areas of dementia care, care plans, Snoezelen products, dementia activity calendars, adult day care calendars, sensory calendars, reminisce videos for dementia. activity books, and dates to

remember, party supplies,

resources and links

Council of Certified Dementia

**Practitioners** 

National Council of Certified Dementia Practitioner become a certified dementia practitioner



Rockwell print is paired with a national Resident Rights illustrated by a picture depicting the "Resident

# Pathways to the Past

by Sandra Stimson ADC, CALA, CDP Executive Director, Alte

## **General Standards for CDP Certified Dementia Practitioner**

Applications must be submitted within 60 days upon completing the Alzheimer's and dementia course. If you are unable to submit within the deadline, please contact the NCCDP for further instructions.

GED or High School Diploma if following Track 2 College Graduate if following Track 1. The degree must be from an Accredited College or University.

Must have current license or certification in your health care field.

Must have completed at minimum, a 7 - hour seminar that has been approved by NCCDP on Alzheimer's and Dementia. This is a minimum of 7 - hours.

The certification is for two years. At which time, you will need to renew your certification. To apply for continued certification, you will need to complete at minimum 10 hours of continuing education in the area of Dementia or Alzheimer's. Please refer to the body of knowledge. You will receive a notice in the mail (2 months prior to the deadline) of your deadline for renewal.

Individuals (Track 2) without a college degree will provide additional In-Service's (5) provided by their place of employment (health care setting).

Track 1: Must have 3 years of experience in a health related field.

Track 2: Must have 4 years of experience in a health related field.

Track 3: If you are not certified or licensed in a health care profession but have a Masters or PhD with 5 years experience

Note: Registered Nurses and LPN please follow track 1.

General Standards for Option 4 (No licenses, certifications, or degrees)

The NCCDP recognizes most accrediting bodies and also recognizes that some state regulations for long term care facilities, adult day care, hospitals and home care agencies do not require certification or license for certain professions.

This option is only for the following professions: Agency Owners, Admissions Directors, Marketing Directors, Activity & Recreation Professionals, Clergy, Volunteer Coordinators, Social Workers, In-Service Directors, and Long Term Care Consultants. Additionally, Home Care assistants and Personal Care Assistants and Nursing Assistants.

Must have a minimum of 5 years of experience in geriatric health related field.

Must have completed at minimum, the 7 hour NCCDP Comprehensive Dementia Curriculum taught by an approved NCCDP Certified Instructor

\*For Nursing Assistants (Aides), Personal Care Assistants (Aides) and Home Health Assistants (Aides). You must have completed a state required course and attach the certificate. If your state does not require a state approved course, than attach a certificate from your company stating you have completed the company training.

Must attach to this application a letter from your administrator which states that you are employed by the facility or home care agency and qualified under your state requirements to hold the title and position for which you are employed.

If your state long term care regulations do not require or indicate a certification or license for your profession/title, please attach a copy of the state regulation that indicates the criteria/qualifications for your profession/title or a letter from your administrator.

The certification is for two years. At which time, you will need to renew your certification. To apply for continued certification, you will need to complete at minimum 10 hours of continuing education in the area of Dementia or Alzheimer's. Please refer to the Education Criteria. You will receive a notice in the mail (2 months prior to the deadline) of your deadline for renewal. -FND

### ACTIVITY DIRECTOR TODAY E-MAGAZINE

Be sure to subscribe to Activity Director Today E-magazine for the latest news and more about your profession. Only \$19.95/year

#### **ACTIVITY DIRECTOR** COMMUNITY

Join our Activity Director Community message Activity Professionals across the country. This is a free service

#### **Activity Director** Books.

Excellent Resources for Activity Professionals



#### RESIDENT **SHOPPING & MORE**

More you will find clothing and more for your residents. Also, you will find Activity Department supplies

# ACTIVITY DIRECTOR **NOVELTIES**

Activity Directo Novelties features and gifts for you, your residents, your facility and your Department Be sure to visit











### **ACTIVITY DIRECTOR TODAY**

Providing Internet Resources for Activity Professionals in Long Term Care Settings admin@theactivitydirectorsoffice.com

Copyright 2004-Present The Activity Director's Office All Rights Reserved

Disclaimer