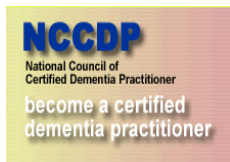


**SANDRA STIMSON**  
Executive Director  
[Alternative Solutions in LTC](#)  
and  
National Council of Certified Dementia Practitioners  
<http://www.nccdp.org>

**ABOUT SANDRA**

Sandra Stimson has experience as a corporate consultant, Corporate Trainer and National Speaker. Her experience is in long term care, as Activity Director, Director of Alzheimer's Units and Assistant Administrator of a 550 bed long term care county home. She is Co-founder of Pet Express Pet Therapy Club, is a Life Replay Specialist. Sandra implements dementia units nationwide. Sandra has written several books, Volunteer Management Essentials for Long Term Care and Pet Express Pet Therapy Program. Sandra has been a facilitator for Alzheimer's support groups and is the Association of Activity Professionals. Sandra is the Executive Director of **National Council of Certified Dementia Practitioners**  
<http://www.nccdp.org>.

[Alternative Solutions in Long Term Care](#) offers resources for health care professionals in many areas of dementia care, care plans, Snoezelen products, dementia activity calendars, adult day care calendars, sensory calendars, reminisce videos for dementia, activity books, and dates to remember, party supplies, resources and links.



Each Norman Rockwell print is paired with a national standards of Resident Rights and is illustrated by a picture depicting the "Resident Right."



by Sandra Stimson ADC, CALA, CDP  
Executive Director, [Alternative Solutions in Long Term Care](#)



## Grab Hold of Those Wonderful Volunteers



Each year you have many volunteer groups, "drop in" groups and donations coming into the facility. It is very important that you capture the information about each of these wonderful individuals and groups. Place a form at the receptionist desk and explain the form to her. The form should include the following information: Date, Name of Group, Contact Person, Phone number, email address, web address, address, donated items. If Volunteers or Volunteer group a line to describe the type of service they will be providing.

After the holidays are over, you should have an extensive list of potential volunteers to contact. Some of these volunteers such as The Salvation Army may only be available at holiday times but others might be able to come more often. This may be a church Bell Choir, Youth Group Choir, Local Pre School, etc. Remember to send a Thank You Card after the holidays regardless of donation or volunteer time. You might want to consider purchasing a box of cards so you cards easily accessible. If you have a volunteer, or resident looking for a task, this is a perfect job Take the time to send a Thank you note and acknowledge the volunteers for including your facility in the holiday festivities. Many of these organizations will read your note at their next meeting and follow up notes by you are definitely appreciated. For new Activity Directors, what better time to find out what volunteers, groups and organizations are involved in your community. If you are able to make the time, ask the receptionist to contact you when anyone is volunteering or even dropping off gifts and donations and take the time to introduce yourself.

-END

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